

WAYFARING HUMANS

-The Ultimate Backpacker Packing List for Raja Ampat-

1. Backpack and rain cover
2. Day bag
3. Head lamp/torch and extra batteries
4. Biodegradable soap/shampoo
5. Reusable water bottle or platypus (2-liter)
6. Insect repellent
7. Sunblock
8. Travel towel/sarong
9. Small padlock
10. Plug/outlet adaptor
11. Hand sanitizer
12. Indonesian phrasebook
13. Mask, snorkel, and fins
14. First aid kit
15. Books, podcasts, music
16. Hammock
17. FOR LADIES: Bring tampons!
18. Passports
19. Printed copy of your return plane flights
20. Printed copies of your insurance information
21. Indonesian cash (Indonesian Rupiah)
22. Silica gel packets
23. Waterproof plastic/zip lock bags
24. Spare batteries

25. Protein bars/snack bars and/or vitamin/mineral supplements

26. Essential Dive equipment if you don't want to rent it!

27. Dive certification cards and log books

28. Clothing list for women:

- 7 days of underwear
- 2 Bras
- Flip flops – easy, slip on, no straps required
- Water shoes or Teva sandals – I actually bought amazing Indonesian “cleat”-like shoes in Sulawesi that are completely rubber, but any water shoes will do the trick. This is for walking around some of the rockier beaches or mangroves (there are all kinds of beach terrain you'll come across if you go exploring!). Bare feet or flip flops wouldn't work.
- Bathing suit
- 3-4 flowy dresses
- rash guard for long days of snorkeling to avoid the dreaded BACK and SHOULDER sunburn
- Lightweight scarf – My favorite, most essential travel item of all time!! Serves so many purposes: scarf, blanket, towel, hair piece, fashion accessory, etc.
- Extra hair ties (also for long-haired men like Phil!)
- 1 clean set of pajama/bedtime clothes – For me, a T-shirt and shorts
- A fleece or light jacket to wear on the airplane
- A warmer outfit for the airplane: Leggings, long-sleeved wrap shirt, socks (x2 pairs)
- Sunglasses
- Lip balm

29. Clothing list for men:

- Underwear for 7 days
- 2 pairs of shorts
- Bathing suit
- 4 T-shirts
- Flip flops/sandals/crocs
- Water shoes or Teva sandals
- Sweater for the plane
- Sunglasses
- Lip balm

30. Toiletries

Razor, toothbrush, deodorant, lotion, extra contact lenses, contact lens case, and a mini bottle of contact solution if you use it.